

ISSUE 03 NOVEMBER 2021

SEREN

MAGAZINE

Sami
Fozy

Street photographer

The 2 am
podcast

ISSUE 3 NOVEMBER 2021

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Street photographer
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Say ha...



Street photographer

SAMI
FOZY

24-70mm 1:2.8 DG



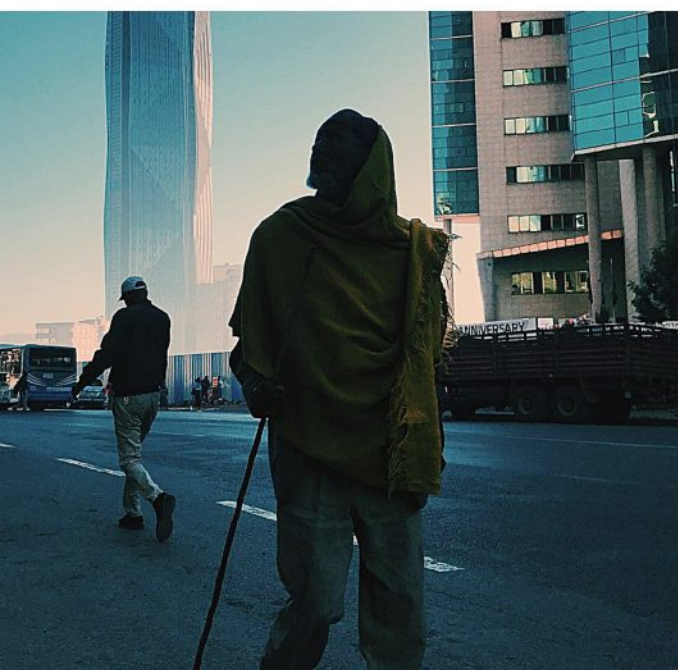
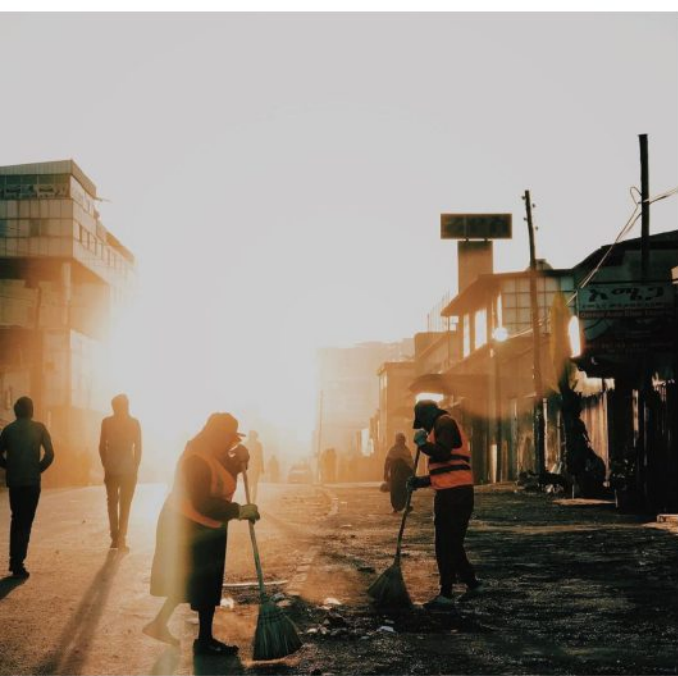
WHO IS

SAMI
FOZY



!! I am street
photographer
based on Addis
ababa, Ethiopia. !!





What do you
say about
photography in
Addis?

Photography in
Addis is a little
hard but it's full
of surprising
moments at the
same time.
" So it worth it "



PIASSA



SQUAD



MERKATO



MORE
OF
HIS
SHOTS



MISSION LUCY

THE JOURNEY OF
4BILLION MILES

►
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MISSION

LUCY

Why is the Lucy mission called Lucy

Nasa said

Once something falls into that zone, they're stable forever. So we think the Trojan asteroids are some of the earliest pieces of the formation of our solar system. We call them fossils of the solar system. And that's why we named the mission Lucy, after the Australopithecus fossil.

The journey of 4 billion miles (6.4 Billion kilometers) begins with a single launch. LucyMission's 12-year journey to the Trojan asteroids, ancient space rocks that share an orbit with Jupiter around the Sun. The rocket launched from Cape Canaveral Space Force Station in Florida, carrying the first spacecraft to ever study the Trojan asteroids, which are thought to be time capsules from the birth of our solar system more than 4 billion years ago. Shortly after launch, the Lucy spacecraft separated from the rocket's Centaur upper stage to fly freely for the first time.

LUCY

THE 2AM PODCAST

The 2 a.m. PODCAST

Elshaday & Nardos, college roommates
and now podcast-mates



//

Our podcast came to life for the mere reason of creating a platform where we could freely discuss topics that resonate with ourselves and the people around us. From the initial stages, we did not want to limit our scope to a niche, but instead chose to cherry pick as we went

//

What is your favourite podcast ?

Elshaday

Something was wrong
by audio chuck

A docuseries podcast which talks about specific stories of people (ranging from abuse, trauma, survival, etc...) where one story takes up a whole season.

Nardos

Dying for sex
by Nikki Boyer

This short podcast follows a woman diagnosed with stage IV breast cancer, who decides to leave her unhappy marriage and embark on a series of sexual adventures to help her feel alive.

Your favorite sunday-morning-in-bed joint



Click and listen

ONE CLICK AWAY →

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SERENMAGAZINE



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JOMO

JOY OF MISSING OUT

CONTINUED FROM
ISSUE #2 (**FOMO**)



JOMO VS FOMO: THE JOY OF MISSING OUT

Tablets, iPads, smartphones...all those big presents from Christmas. And now here we are suggesting that you put them all away! It's not about becoming a hermit, but rather going on a digital diet in order to enjoy every moment and improve our wellbeing. Welcome to JOMO.

WHAT IS JOMO?

JOMO is the acronym for the Joy of Missing Out, or enjoying what you're doing in each moment without worrying about what everyone else is doing. JOMO is a sociological phenomenon which is a response to FOMO, or the Fear of Missing Out, the fear of being "out of the loop", or not being the "coolest". Imagine you're at home on Saturday night, enjoying a film that you've wanted to see for ages in peace. But then you look at your phone and you see that your friend posted on Instagram about their dinner at a fashionable restaurant, another is tweeting about the latest play they went to...and suddenly your plan doesn't seem so great. FOMO is not new – we have all gone out at one time or another just because we were afraid of missing out on something major – but it has been exacerbated by technology and social media.



JOMO invites you to forget all that, to stop asking yourself every 5 minutes what is happening outside if it doesn't matter to you. It's got a hint of mindfulness, of thinking about the here and now, of focusing our 5 senses on what we are doing and not spying on what others are doing through the peephole that social media puts within constant reach. Because there will always be something better to do, but the important thing is to accept that and be able to see that there is always something to enjoy in every situation we are in.



100,000 DOLLARS FOR A PHONE-LESS YEAR

That is the reward being offered by the Vitaminwater company to somebody that is capable of spending a year without touching their smartphone and proving it (lie detector test included). But it's not the only reward for the brave people who are game enough to try it. Psychologists agree that reducing our dependency on technology contributes to a reduction in anxiety and stress. Embracing JOMO will improve your emotional and physical wellbeing. Because we also need to recharge our batteries and take a break from the information overload that surrounds us.

Even technology giant Google has put initiatives in place to encourage healthier consumer habits. "Great technology should improve our lives, not distract from it", Google states on its digital wellbeing page where it discusses tools which limit app use or suggest periodic breaks. It's about conscious use of technology, not going back to the stone age.

JOMO IN INTERIOR DESIGN: LESS TECHNOLOGY

JOMO invites us to enjoy the moment without feeling guilty for not participating in one of the thousands of options in our city. Signing up to this trend will probably make you pay more attention to what is around you. From enjoying a walk in nature without seeing it through your mobile screen to staying at home in pyjamas and slippers and taking part in the nesting trend. But to make sure you want to stay home, the space must be relaxing, and above all, cosy.

FALLING FROM THE SKY

346 PEOPLE HAS FALLEN
WITH THE PLANES





BOING 787 MAX 8

A documentary that won
Emmy award 2021 **for best
documentary.**

A look at the Boeing 737's controversial flight control software and how this software had mistakenly sent planes into deadly nosedives, including what Boeing knew about the concerns with that flight control system and when they had known about it;

It covers a story of victims from from the Ethiopian and Indonesian airplane crashes.

WATCH



HA



MR. BEAN

ALBERT EINSTEIN



HA

HAHA

EINSTEIN

MR BEAN

Albert Einstein challenged Mr. Bean

Einstein said to Mr. Bean: " I'll ask you a question. If you can't answer correctly, you'll give me 5 dollar.

Then you ask me a question. If I can't answer correctly, I'll give you 500 dollars.

Einstein asks the first question:

What's the distance from earth to the moon?

Me. Bean doesn't say a word, reaches his pocket, pulls out 5\$

Now, it's Mr. Bean's turn

He asks Einstein: what goes up a hill with 3 legs and comes down on 4 legs?

Einstein searches the net and asks all his smart friends, after an hour he gives Mr Bean 500\$

Einstein going nuts and asks: well, so what goes up a hill with 3 legs and comes down with 4 legs?

Mr Bean reaches his pocket and gives Einstein 5\$

*#Reality
high*



*Some comedy movie
recommendation?*

reality high

DANI DOES WELL IN SCHOOL, VOLUNTEERS AT THE ANIMAL CLINIC, AND IS FOCUSED ON GETTING INTO U.C. DAVIS. WHEN SHE IS BEFRIENDED BY ALEXA MEDINA, THE MEANEST GIRL AT THE SCHOOL, SHE BEGINS TO ENJOY THE ATTENTION. HOWEVER, ALEXA IS NOT TO BE TRUSTED...

Previous edition

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WHO SAYS A FRESH
START HAS TO BE
DIFFICULT?



ISAAC ABADIR

interview with a rising
Ethiopian music producer.

FOMO

Fear of missing out

**MANAGING
ANGER**

Keeping it cool while
online

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2021